

# Neaulani's No'eau

'Ike #12  
03 July 2020

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*Ho'ike*

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**E Komo Mai & Welcome to *Neaulani's No'eau***

**Teach ~ Demonstrate ~ Spread**

27Jun

Aloha Kākou, today's Hawaiian word is: Ho'ike which means Show (as in demonstrate) and spectacle. With all the demonstrations going on, I'm so glad to be here in Hawaii. Our demonstrators know how to do it peacefully and get their message out effectively. I'm tired of all the insanity going on there and feel so bad for the business owners who are hurting as well as the law enforcement who are trying to keep the peace. It's insane. E ho'ike Kākou i ke aloha. Let's show the love. Violence doesn't work. Aloha, a hui hou.....

22 Jun

Aloha Kākou, today's Hawaiian word is: A'o which means Teach and is pronounced: Ah oh. E a'o kākou ko kākou mau keiki ka 'uhane aloha. Let's teach our kids about the Aloha Spirit. They are going to be our leaders in a few short years and their knowing the Aloha Spirit will help them be loving and strong leaders. Aloha, a hui hou.....



30Jun

Aloha Kākou, today's Hawaiian word is: Hāli'i which means spread and is pronounced: Hahle e. E hāli'i i ke aloha li'i li'i - Spread a little aloha. E hāli'i i ka lā ma na wahi apau - Spread a little sunshine everywhere. Spreading stuff around is so much fun. Feel free to join me. Aloha, a hui hou.....

10Jun

Aloha Kākou, today's Hawaiian word is: Hāli'i which means: Spread and is pronounced: Hahle e. There's so much fear and violence going on in the world, let's do something different and spread the love instead. It doesn't matter what your religious belief is or if religion is not important to you, love transcends every belief there is. I've often heard Love makes the world go round and it does. Love heals all aches, pains, hurts, mistakes, real or imagined. Our bowl of light glows with love and when it's light dims, turn that bowl over, empty out everything, turn it back upright, fill it with all the love you can and move forward with a clear conscious. That's what sets Hawaii apart from the rest of the world. We spread the aloha every day every where. E hāli'i ke aloha kākou. Let's spread the aloha.

December 10, 2019 ·

Aloha Kakou, today's Hawaiian word is: Hoaloha which means Friend and is pronounced: Hoahlohah. 'O 'oe ka'u hoaloha a me aloha au ia 'oe. You are my friend and I love you. 'O 'okou ka'u mau hoaloha a me aloha au ia 'oukou. You are my friends and I love all of you. Aloha, a hui hou.....

Aloha, a hui hou.....

November 10, 2019 ·

Aloha Kakou, today's Hawaiian word is: Ho'okani pila which means: To play music and is pronounced: ho ohkahknee pelah.

Today, I ho'okani pila with my ukulele group for a group of veterans in Kapolei. It was so much fun. Aloha, a hui hou....

November 9, 2019 ·

Aloha Kakou, today's Hawaiian word is: Kaua which means You and I and is pronounced: Cowah. E hele kaua. Let's go (you and I). Aloha, a hui hou.....

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Shared by Tracey Namakanaokalani Ha'aoLakaināpali with Neaulani's aloha blessing.

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