

'Ike #3
10 May 2020

Neaulani's No'eau

Pule



E Komo Mai & Welcome to *Neaulani's No'eau*

Prayer, Positive Focus & Gratitude

March 12 ·

Aloha Kakou, today's Hawaiian word is: Pule which means Pray and is pronounced: Poolay. E Pule Kakou. Let's pray (for the end of the Corona Virus). Aloha, a hui hou....

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March 8 ·

Aloha kakou, today's Hawaiian word is: E hele mai pu which means Come together and is pronounced: A (as in hay) haylay mai poo. E hele mai pu a pule kakou. Let's come together and pray. Aloha, a hui hou.....



March 29 ·

Aloha kakou, today's Hawaiian phrase is: Olakino maika'i kakou which means: Good health to us all and is pronounced: Ohlahkeyno myka e kahkoh. I'm looking forward to the day when everything goes back to normal and praying that day will be here very soon. Mahalo nui loa for supporting my posts. Aloha au ia 'oukou. I love you all. Aloha, a hui hou.....

April 3

Aloha Kakou, today's Hawaiian phrase is: E Kia Mau which means Stay Focused and is pronounced: Ay Keyah Mow (as in now). Stay focused on all the blessings in your life, gratitude replaces fear and keeps our minds and attitudes clear. Aloha, a hui hou.....

April 8

Aloha Kakou, today's Hawaiian phrase is: Ua mahalo nui au no _____ which means: I am grateful for _____ (you get to fill in the blank). It's pronounced: Ooah mahhahlow nooee ow _____. Ua mahalo nui au no olakino maika'i. I am grateful for my good health or no ka'u mau mea aloha - for my loved ones or _____. Aloha, a hui hou.....

April 6

Aloha Kakou, today's Hawaiian phrase is: Malama ka mana'o'i'o which means: Keep the faith and is pronounced: Mahlahmah kah mahnah oh e oh. Now is definitely the time to keep the faith. With Covid19, we all have the chance to really pull together, have faith that everything will be ok, give thanks for every blessed day and keep on paddling. If not that, then what? Pono or pilikia? Aloha, a hui hou.....

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